



FOR IMMEDIATE RELEASE

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**COMMUNITY FOODBANK OF NEW JERSEY TO HOST ANNUAL TEEN LEADERSHIP INSTITUTE
Program to include service projects and leadership-building workshops for students**

HILLSIDE, NJ—July 19, 2019

The Community FoodBank of New Jersey will host its annual Teen Leadership Institute on July 23 and July 24, 2019. Students will attend leadership building workshops on how to translate service into action, build effective communication skills and use social media for social action. Teens will work together to create a service project to fight back against hunger and poverty within their local communities throughout the 2019-2020 school year.

Each session will feature interactive workshops from professional speakers as well as team-building activities from the Garden State Leaders and the Lesniak Institute. Renowned author and Fortune 100 trainer, Margot Krasne, will present a workshop on how to develop effective public speaking skills. Students will also spend time at America's Grow-A-Row harvesting produce that will be distributed to communities in need. Registration is currently full for this event.

For more information, please Michelle Jansen, Director of Schools and Outreach at the Community FoodBank of New Jersey at (908)-355-3663 X279 or mjansen@cfbnj.org

The [Community FoodBank of New Jersey \(CFBNJ\)](http://www.cfbnj.org), a member of Feeding America®, has been delivering food, help and hope across the state for over 40 years. Last year, CFBNJ provided nutritious food for over 47 million meals through its network of more than 1,000 community partners including pantries, soup kitchens, emergency shelters, mobile pantries, and child and senior feeding programs. For our hungry neighbors, the Community FoodBank of New Jersey is the powerful agent of change that fills the emptiness caused by hunger and provides resources that are essential to earning a sustainable living.